

Taroona Daily Fitness

A daily fitness program for schools

DAILY FITNESS ROSTER

Taroona Primary School - TERM 1 2009

WEEK	1	2	3	4	5	6	7	8	9	10
DATE	2nd March	10 th March	16 th March	23 rd March	30 th March	6 th April	20 st April	27 th April	4 th May	11 th May
Echidnas	Circuit Training Oakley	Obstacle Course Cunningham	Power Walk W'Ward	Aerobics Oakley	Skipping Rue	Commando Course Holmes	Boundary Run Oakley	Games Cunningham	Relays Hunt	Pentathlon Specialist
Wombats	Boundary Run Nielsen	Power Walk Fallon	Obstacle Course Murray	Relays Rue	Pentathlon Holmes	Circuit Training Fallon	Games Specialist	Aerobics Nielsen	Skipping Holmes	Commando Course Oakley
Tasmanian Devils	Games W'Ward	Relays W'Ward	Aerobics Specialist	Skipping Holmes	Commando Specialist	Boundary Run Cunningham	Power Walk Hunt	Obstacle Course Hunt	Pentathlon Oakley	Circuit Training Nielsen
Dingos	Power Walk Murray	Aerobics Hunt	Relays Holmes	Pentathlon Fallon	Circuit Training Cunningham	Games Hunt	Obstacle Course Cunningham	Skipping Specialist	Commando Course Nielsen	Boundary Run W'Ward
Platypus	Obstacle Course Rue	Pentathlon Nielsen	Skipping Fallon	Commando Course Cunningham	Boundary Run Fallon	Power Walk Oakley	Aerobics Fallon	Relays Oakley	Circuit Training W'Ward	Games Gilmour
Kangaroos	Aerobics Holmes	Skipping Oakley	Pentathlon Cunningham	Circuit Training Hunt	Games Oakley	Obstacle Course Specialist	Relays Nielsen	Commando Course Gilmour	Boundary Run Murray	Power Walk Rue
Bandicoots	Relays Specialist	Circuit Training Gilmour	Commando Course Hunt	Boundary Run Specialist	Power Walk Hunt	Aerobics Nielsen	Skipping W'Ward	Pentathlon W'Ward	Games Rue	Obstacle Course Holmes
Koala	Skipping Cunningham	Commando Course Hunt	Circuit Training Rue	Games Gilmour	Obstacle Course Nielsen	Relays W'Ward	Pentathlon Murray	Boundary Run Holmes	Power Walk Specialist	Aerobics Fallon
Kookaburras	Pentathlon Hunt	Games Holmes	Boundary Run Oakley	Power Walk Nielsen	Aerobics W'Ward	Skipping Gilmour	Commando Rue	Circuit Training Fallon	Obstacle Course Fallon	Relays Cunningham
Emus	Commando Course Fallon	Boundary Run Rue	Games Nielsen	Obstacle Course W'Ward	Relays Murray	Pentathlon Rue	Circuit Training Holmes	Power Walk Rue	Aerobics Cunningham	Skipping Hunt